

Louisville Recreation & Senior Center Program Pool (4 Lanes, 25 yards)

July 6 - 12, 2026

Schedule subject to change based on user group needs. For rules/regulations, please see our catalog; for questions or concerns, please contact Danny Weinstock at 303.335.4927 or dweinstock@louisvilleco.gov.

Program	Day	Time	Lanes
Lap Swim and Water Exercise	Monday	5:30am – 9:00am 12:00pm – 1:00pm 1:00pm – 4:00pm 4:00pm – 7:45pm	All lanes All lanes 3, 4 All lanes
	Tuesday	5:30am – 8:00am 8:00am – 9:00am 11:15am – 12pm 1:45pm – 3:45pm 7:15pm – 7:45pm	All lanes 2, 3, 4 All lanes 3, 4 All lanes
	Wednesday	5:30am – 8:45am 12pm – 1:00pm 1:00pm – 4:00pm 4:00pm – 5:00pm 5:00pm – 6:00pm 7:00pm – 7:45pm	All lanes All lanes 3, 4 All lanes 2, 3, 4 All lanes
	Thursday	5:30am – 8:00am 8:00am – 9:00am 11:15am – 12:15pm 7:15pm – 7:45pm	All lanes 2, 3, 4 All lanes All lanes
	Friday	5:30am – 10:15am 11:15am – 1:00pm 1:00pm – 4:00pm 4:00pm – 4:45pm 4:45pm – 6:45pm	All lanes All lanes 3, 4 All lanes 2, 3, 4
	Saturday	7:00am – 8:00am 12:00pm – 4:45pm	All lanes 4
	Sunday	7:00am – 8:00am 9:00am – 12:00pm 12:15pm – 4:45pm	All lanes 2, 3, 4 4

Water Aerobics Classes (See Aquafit schedule for class details)	Monday	9:00am – 10:00am	All lanes
	Tuesday	9:00am – 10:00am 12:00pm – 1:00pm	All lanes All lanes
	Wednesday	6:00pm – 7:00pm	All lanes
	Thursday	9:00am – 10:00am 12:15pm – 1:00pm	All lanes All lanes
	Friday	10:15am – 11:15am	All lanes
Group Swim Lessons	Monday	8:45am – 12:00pm	All lanes
	Tuesday	10:00am – 11:15am 3:45pm – 7:15pm	All lanes All lanes
	Wednesday	8:45am – 12:00pm	All lanes
	Thursday	10:00am – 11:15am 3:45pm – 7:15pm	All lanes All lanes
	Friday	4:45pm – 6:45pm	1, 2
	Saturday	8:00am – 12:15pm	All lanes
Private Mini Swim Lessons	Tuesday	8:00am – 10:00am	1
	Wednesday	5:00pm – 7:00pm	1
	Thursday	8:00am – 10:00am	1
	Sunday	9:00am – 12:00pm	1
Open Swim	Monday	1:00pm – 3:45pm	1, 2
	Tuesday	1:00pm – 3:45pm	1, 2
	Wednesday	1:00pm – 3:45pm	1, 2
	Friday	1:00pm – 3:45pm	1, 2
	Saturday	1:00pm – 4:45pm	1, 2
	Sunday	1:00pm – 4:45pm	1, 2
Inflatable Obstacle Course	Thursday	1:15PM – 3:45PM	All lanes