

Louisville Recreation & Senior Center Lap Pool

(6 Lanes, 25 meters)

July 6 - 12, 2026

Schedule subject to change based on user group needs. For rules/regulations, please see our catalog; for questions or concerns, please contact Danny Weinstock at 303.335.4927 or dweinstock@louisvilleco.gov.

Program	Day	Time	Lanes
Lap Swim	Monday	5:30am – 12:00pm 12:00pm - 1:00pm 1:00pm – 7:45pm	All lanes 5, 6 All lanes
	Tuesday	5:30am – 7:45pm	All lanes
	Wednesday	5:30am – 12:00pm 12:00pm - 1:00pm 1:00pm – 7:45pm	All lanes 5, 6 All lanes
	Thursday	5:30am – 7:45pm	All lanes
	Friday	5:30am – 9:00am 10:00am – 10:30am 10:30am – 12:00pm 12:00pm – 1:00pm 1:00pm – 6:45pm	All lanes All lanes 3, 4, 5, 6 5, 6 All lanes
	Saturday	7:00am – 12:00pm 2:00pm – 4:45pm	All lanes All lanes
	Sunday	7:00am – 8:00am 8:00am – 9:30am 9:30am – 4:45pm	All lanes 5, 6 All lanes
Adult Masters Swim	Monday Wednesday Friday	12:00pm – 1:00pm 12:00pm – 1:00pm 12:00pm – 1:00pm	1, 2, 3, 4 1, 2, 3, 4 1, 2, 3, 4
	Sunday	8:00am – 9:30am	1, 2, 3, 4

AERO HIIT (Anastasia)	Friday	9:00am – 10:00am	All lanes
Dolphins	Friday	10:30am – 12:00pm	1, 2