

July 2026

Lunch is served promptly at 12 noon. If you are not here by 12:05 your meal may be given away.

For reservations, please email or call Tricia by 1:30 p.m. the business day before at PMorgan@louisvilleco.gov or (303) 335-4931. **Suggested donation for 60+: \$4.75 for 59 & under the cost is \$17.50. Menu subject to change.**

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée Salads: Grilled Chicken, Chef Salad, Veggie Salad w/ hard boiled eggs	Vegetarian Options: Tofu Stir-fry with mixed Veggies, Brown Rice and an Orange	1 Mediterranean Baked Cod with Lemon & Garlic Lebanese Rice Chickpea Salad Toasted Flat Bread Grapes	2 Chicken Penne alla Vodka Caprese Salad Garlic Bread Banana	3 Tomato Tuna Melt Dill Pickle Chopped Salad Chips Plum
6 Broccoli & Ham Quiche Spinach Salad with Sunflower Seeds & Balsamic Dressing Pineapple Whole Wheat Roll	7 Tuna Salad with Swiss Cheese in a Pita Macaroni Salad Fresh Mixed Fresh Veggies Mixed Berries	8 Blackened Chicken with Avocado Cream Sauce with Cilantro Lime Quinoa Marinated Broccoli, Cauliflower, Carrots & Cucumbers Grapes Whole Wheat Roll	9 Bingo Beef Stuffed Peppers Mixed Greens with Balsamic Apricots Whole Wheat Roll	10 Parmesan Crusted Tilapia with Wild Rice Blend Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Peach Sesame Roll
13 Chicken Lo Mein Broccoli, Cauliflower, Carrots & Peas Pineapple Wedges Whole Wheat Roll	14 Quinoa Enchilada Casserole Pico de Gallo Spinach Salad with Lemon Vinaigrette Grapes	15 Entertainment Meatloaf Baked Potato with Sour Cream Broccoli Fresh Peach Whole Wheat Roll	16 Birthday Crab Quiche Spinach Salad with Pine Nuts with Balsamic Dressing Banana Whole Wheat Roll	17 Entertainment Chicken Tikka Masala with Basmati Rice Potatoes, Peas & Cauliflower Naan Apricots
20 Battered Fried Fish with Lemon Wedges & Tartar Sauce Spinach Bake Tomato & Cucumber Salad Peach Whole Wheat Roll	21 Meatball Hero on Whole Wheat Bun with Sliced Provolone Mixed Greens with Italian Dressing Strawberries	22 Resource Talk Pork Carnitas with Flat Bread Pico de Gallo Pinto Beans Tossed Salad with Ranch Dressing Whole Orange	23 Bingo Bruschetta Chicken Angel Hair Pasta Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Apple Whole Wheat Roll	24 Entertainment Eggplant Parmesan with Marinara Sauce and Sausage on side Tossed Salad with Italian Dressing Pineapple Garlic Bread
27 Chicken Avocado Pita Sandwich Mixed Green with Italian Dressing Peach	28 Stuffed French toast with Maple Syrup Yogurt Fruit Parfait Bacon	29 Sweet & Sour Meatballs Rice Noodles Broccoli Apricots	30 Roast Beef & Hummus with Fresh Vegetables in a Whole Wheat Pita, Dijon Mustard on side Avocado Salad with Tomatoes & Mozzarella and Basil Pesto Orange	31 Thai Chicken Lettuce Wrap Asian Slaw Orange