

# June 2026

Lunch is served promptly at 12 noon. If you are not here by 12:05 your meal may be given away.

For reservations, please email or call Tricia by 1:30 p.m. the business day before at PMorgan@louisvilleco.gov or (303) 335-4931. **Suggested donation for 60+: \$4.75 for 59 & under the cost is \$17.50. Menu subject to change.**

| Monday                                                                                                                                                                     | Tuesday                                                                                                                                                                        | Wednesday                                                                                                                                                                | Thursday                                                                                                                                                                       | Friday                                                                                                                                          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br>Pork Carnitas on Flat Bread<br>Pinto Beans<br>Pico de Gallo<br>Tossed Salad with Ranch Dressing<br>Whole Orange                                                | <b>2</b> Roast Beef & Hummus with Fresh Vegetables in Whole Wheat Pita<br>Dijon Mustard on side<br>Avocado Salad with Tomatoes & Mozzarella and Basil Pesto<br>Fresh Fruit Cup | <b>3</b> <b>Resource Talk</b><br>Lemon Baked Fish<br>Potato Wedges<br>Pea & Cheese Salad<br>Mixed Melon<br>Whole Wheat Roll                                              | <b>4</b> <b>Bingo</b><br>Grilled Cilantro Lime Chicken with Avocado Salsa<br>Classic Greek Pasta Salad<br>Grapes                                                               | <b>5</b> <b>Singin' Seniors</b><br>Stuffed Tomato with Egg Salad<br>Potato Salad<br>Tomato, Cucumber & Feta Salad<br>Orange                     |
| <b>8</b> Turkey & Hummus with Fresh Veggies in Whole Wheat Tortilla with Mustard & Mayo on side<br>Roasted Red Potato Salad<br>Cucumber & Tomato Salad<br>Pineapple Chunks | <b>9</b> Baked Garlic Parmesan Pork Chop<br>Yukon Gold Potatoes<br>Grilled Brussel Sprouts, Broccoli, Carrots & Cauliflower<br>Whole Apple<br>Whole Wheat Roll                 | <b>10</b><br>Beef Cabbage Rolls<br>Steamed Broccoli<br>Seasoned Cottage Cheese<br>Mixed Berries<br>Whole Wheat Roll                                                      | <b>11</b> <b>Community Conversations</b><br>Battered Fried Fish with Lemon Wedges & Tartar Sauce<br>Spinach Bake<br>Tomato & Cucumber Salad<br>Fresh Peach<br>Whole Wheat Roll | <b>12</b> <b>Barbed Wire</b><br>Chicken Salad on Lettuce Leaves<br>Cauliflower "Potato" Salad<br>Fresh Strawberries & Blueberries<br>Flat Bread |
| <b>15</b><br>Green Chili Chicken Breast<br>Spanish Rice<br>Tossed Salad with Ranch Dressing<br>Pear<br>Whole Wheat Roll                                                    | <b>16</b><br>French Dip on a Whole Wheat Hoagie<br>Au Jus<br>Broccoli & Peanut Salad<br>Apple<br>Horseradish on side                                                           | <b>17</b> <b>Summer Picnic</b><br><b>Register at Front Desk</b><br>Fresh Grilled Burgers with all the fixings<br>Baked Beans<br>Potato Salad<br>Pineapple Wedges         | <b>18</b><br>Vegetarian Sloppy Joes with a Whole Wheat Roll<br>Baked Sweet Potato Fries<br>Mixed Greens with Lemon Vinaigrette<br>Melon Medley                                 | <b>19</b> <b>Father's Day Lunch</b><br>Sausage with Grilled Peppers & Onions on a Whole Wheat Bun<br>Potato Salad<br>Fresh Fruit Medley         |
| <b>22</b> Grilled Lime Salmon with Avocado-Mango Salsa<br>Coconut Rice<br>Stir-fried Asian Vegetables<br>Pineapple<br>Whole Wheat Roll                                     | <b>23</b><br>Reuben Bake<br>Coleslaw<br>Banana                                                                                                                                 | <b>24</b> <b>Birthday Lunch</b><br><b>Eclectic Rendition</b><br>Breaded Chicken Breast<br>Baked Potato with Sour Cream<br>Asparagus<br>Fresh Strawberries<br>Sesame Roll | <b>25</b> <b>Bingo</b><br>Breaded Pork Chop with Gravy Mashed Potatoes<br>Broccoli & ½ Broiled Tomato<br>Whole Apple                                                           | <b>26</b> <b>Barbed Wire</b><br>Veggie Sandwich<br>Coleslaw<br>Cantaloupe                                                                       |
| <b>29</b><br>Meatball Hero on Whole Wheat Bun with Sliced Provolone<br>Mixed Greens with Italian Dressing<br>Pineapple                                                     | <b>30</b> Salsa Verde Cheese Enchiladas<br>Mexican Rice<br>Black Bean Relish Sour Cream<br>Mexican Chopped Salad<br>Fresh Plum                                                 | Meal prepared in a facility with wheat, nuts & milk.<br><b>Meals on Wheels</b> offer option of home delivery & weekend meals.<br>303-665-0566                            | <b>Entrée Salads:</b><br><br>Grilled Chicken, Chef Salad, Veggie Salad w/ hard boiled eggs                                                                                     | <b>Vegetarian Options:</b><br><br>Veggie Wrap, Mixed Green Salad, Orange                                                                        |